

Hibiscus Lemonade

Makes about 2 quarts

1/4 cup dried hibiscus flowers
1 cup sugar (more or less, to taste)
Pinch of salt
2 cups boiling water
1 cup freshly squeezed lemon juice
3 cups sparkling water (plain or flavored like lime)
2 heaping cups of ice
Strawberries, mint, and flowers for garnish (optional)



Mix together hibiscus, sugar, and salt. Add to 2 cups boiling water. Steep for 15 minutes. Strain.

Add lemon juice to the hibiscus tea. Then add water and ice. Garnish as desired.

Notes: Can substitute still water for the sparkling water.
Can substitute rose water in place of about 1/4 cup sparkling water.