Basic Herbal French Dressing

Makes 1 cup

Basic Herbal French Dressing is a basic French vinaigrette enlivened by the addition of fine herbs.

Ingredients:

3/4 cup oil, canola and/or olive

1/4 cup white wine vinegar

1 clove garlic, split

2 teaspoons sugar

1 teaspoon salt

1 teaspoon paprika

1 teaspoon dry mustard

½ teaspoon dried tarragon

½ teaspoon dried thyme

½ teaspoon dried oregano

1/4 teaspoon freshly ground black pepper



Directions:

Mix ingredients and use as a salad dressing, or marinade chicken for eight hours or overnight prior to grilling, or marinade shrimp one-half hour to one hour prior to grilling.

From The St. Louis Herb Society Cookbook, third edition, 1994, page 77.